

FAQ

What's the difference between rec and upper rec?

The main difference is the level of play that the teams are capable of. Our rec leagues are meant for teams who are mainly there to have fun. You may have one player who is good, but for the most part you're just there to stay active and hang out. Our upper rec league is meant for teams who are above average and take it a little more seriously. You might have three good players, but you're still there to have fun and hang out. You see an increase in skill level, such as more strategy to how you play the game compared to the rec teams.

What's the difference between upper rec and competitive?

Again it's mainly the level of play that the teams are capable of. In our competitive league, you better be able to receive a hard-driven spike or be able to attempt a block at the net. We have some really good competitive teams in our Thursday leagues. All 6 of your players are likely good volleyball players, with 1 of them being great in our competitive league. If interested in joining our competitive league please email shakopeebowl.megan@yahoo.com

Our competitive league is invite only to maintain the integrity and competitiveness of the league

How do I know if volleyball will be canceled due to weather?

Team captains will receive an email letting them know volleyball is cancelled. We will also post in our facebook group that volleyball has been cancelled to allow other teammates to catch it in case team captains are unavailable.

If volleyball is cancelled then what?

Team captains will receive an email letting them know if and when make-up games will be happening. They are usually held on Sunday mornings/afternoons.

How does tournament week work?

The top 8 teams of each night will make the tournament night week, the last 4 teams in the standings will be eliminated. You are guaranteed 2 games with the possibility to play 3 on tournament night. Games still are held from 6pm-10pm.

Why do you have 2 11-week sessions instead of spring/summer/fall sessions?

We got a lot of feedback from teams that they don't enjoy playing in October due to the colder temps we normally experience. We were suggested to switch to two longer sessions, so we made the switch, and teams have really enjoyed it!

Do you have a volleyball playlist for music?

NEW FOR 2026! We are currently working on developing a playlist, however the jukebox out at the tiki hut is just for volleyball now. It is no longer connected to the whole building. Ask the tiki hut worker for the QR code to queue songs.

Why don't you allow water bottles and outside food?

This is our policy as well as following health code. As a bar it's our responsibility to keep an eye on how much people are consuming on our property, and allowing outside beverages can make that difficult. We offer free water bottles and jugs of water for all who play. Otherwise you're welcome to go inside and ask the bartender for a 24oz glass of water to bring outside.

Why does your league not have a guy/girl hit rule?

We used to have the guy/girl hit rule, but we found it created too many arguments amongst teams. We decided to get rid of it 2 years ago, and have found it to not be an issue. There is always a possibility of implementing it into Thursday nights (competitive), but as of now there is no plan to do so.

Why does your league allow teams to play with 3 guys and 2 girls?

We are all aware that guys typically have an advantage compared to girls when it comes to volleyball. However, we have found too many teams who have gotten frustrated that they have to tell one of the guys they have to sit out because they are short a girl, causing them to have to play with 4. After getting feedback from teams we made the switch to allow teams to play with 3 guys and 2 girls. The team is already at a disadvantage of playing with 5 people. There is always a possibility of implementing it into Thursday nights (competitive), but as of now there is no plan to do so.

How does your schedule work? Do we play every team?

We create the schedule ourselves. Every team should play every team at least once. Then you should play 9 teams twice. You should never play a team three times or back to back weeks. You also play 5 early slotted games and 5 late slotted games. If you see an error in the schedule please reach out to shakopeebowl.megan@yahoo.com

Can we request scheduling changes?

If your team needs a schedule to be altered prior to the session please communicate that with shakopeebowl.megan@yahoo.com. For example, your team has conflicts with being able to attend 6pm games. We can adjust the schedule so your team only has later games. We have done this for a few teams in the past, only upon request.

Why don't you serve mixed drinks out at volleyball?

The tiki hut where we serve drinks doesn't have the ability to serve mixed drinks due to the lack of plumbing out there. You need a sink in order to pour drinks in the state of Minnesota. If we ever add a sink out there we will have mixed drinks!